

## KEEP IN MIND

### ➤ **PRINCIPLE OF STRICT LIABILITY:**

- **Players, and only Players, are responsible** for what goes into their body. An anti-doping rule violation occurs whether or not the Athlete intentionally, knowingly or unknowingly, used a Prohibited Substance or was negligent or otherwise at fault.
- **Doctors MUST be informed** that the Players under their treatment are subject to anti-doping regulations.

### ➤ **THERAPEUTIC USE EXEMPTION** is the legal mechanism provided by [WADA Code](#) and by the [FIVB Medical and Anti-Doping Regulations](#) for the use of a Prohibited Substance or Method and shall be submitted to the respective International Federation, if related to an International Level Player, or to the respective National Anti-Doping Organization, if a National Level Player.

- **International Level Athlete**, as per the definition provided in the FIVB Medical and Anti-Doping Regulations, include:
  - Athletes who have competed in at least one FIVB Event in the relevant calendar year and/or in the previous two (2) calendar years; and
  - b. Athletes included by the FIVB in the [Registered Testing Pool or Testing Pool\(s\)](#)

### ➤ **CHECK YOUR MEDICATION!**

- The prohibited status of specific medications may be found at some [NADOS](#) websites, including specific national trademarks and names. If you are still in doubt about it, please contact [medical@fivb.com](mailto:medical@fivb.com).
- Be extremely careful before using [nutritional and dietary supplements](#): many anti-doping rules violations result from the consumption of prohibited substances in contaminated, poorly or wrongly labeled supplements.

### ➤ **REMEMBER** that WADA publishes and regularly updates the [Prohibited Association List](#) including the name, nationality and end date of the disqualifying status of Athlete Support Personnel who have committed anti-doping rule violations. All Players are prohibited from associating with any such Athlete Support Personnel.